



# **Holy Communion**

**from**

## **Common Worship (Order One)**

**Prayers B & G**

*Welcome to our church and to this service of Holy Communion, also known as the Eucharist – the act which stands at the heart of all Christian worship. Since earliest days, Christians have met to break bread and share wine in obedience to our Lord’s command, in thanksgiving and in remembrance of Him.*

*If you normally receive communion in your own church, you are welcome to receive communion here. If you wish to receive a blessing rather than the bread and the wine, please come up to the communion rail, but keep your hands below the rail so that the priest leading the service knows you need a blessing. If you do not want to come up to the rail, you are welcome to remain in your pew; please reflect or pray in silence while everyone else is receiving communion.*

*The Diocese of York’s policy is to ban intinction (the dipping of the wafer into the cup, rather than drinking from the cup). Whilst we do not want to be so directive here, we would ask you to refrain from doing so. Dipping your wafer into the cup means that those who are gluten intolerant feel unable to drink from it.*

*While communion is being distributed, we would ask for a reflective silence to be kept so that others can also reflect in peace if they so wish. There is plenty of time for fellowship after the service.*

# The Gathering

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**All Amen.**

# The Greeting

*Words of welcome or introduction may be said.*

*A hymn may be sung.*

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

**All and also with you.**

*From Easter Day to Pentecost this acclamation follows*

Alleluia. Christ is risen.

**All He is risen indeed. Alleluia.**

## Prayer of Preparation

**All Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

## Prayers of Penitence

Our Lord Jesus Christ said:

The first commandment is this:

'Hear, O Israel, the Lord our God is the only Lord.  
You shall love the Lord your God with all your heart,  
with all your soul, with all your mind,  
and with all your strength.'

The second is this: 'Love your neighbour as yourself.'

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

**All Amen. Lord, have mercy.**

*A minister uses a seasonal invitation to confession or these or other suitable words*

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.  
Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

**All Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

*(or)*

**All** Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.

*Or, with suitable penitential sentences, the Kyrie eleison may be used*

Lord, have mercy.

**All** Lord, have mercy.

Christ, have mercy.

**All** Christ, have mercy.

Lord, have mercy.

**All** Lord, have mercy.

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**All Amen.**

## Gloria in Excelsis

**All Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
In the glory of God the Father.  
Amen.**

## The Collect

*The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.*

*The Collect is said, and all respond*

**All Amen.**

## The Liturgy of the Word

### Readings

*At the end of each reading the reader may say*

This is the word of the Lord.

**All Thanks be to God.**

*A hymn may be sung.*

### Gospel Reading

*An acclamation may herald the Gospel reading, which will end.*

**All Alleluia!**

*When the Gospel is announced the reader says*

Hear the Gospel of our Lord Jesus Christ according to N.

**All Glory to you, O Lord.**

*At the end*

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

Sermon

The Creed

**All We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from  
heaven,  
was incarnate from the Holy Spirit and the Virgin  
Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the  
dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and  
glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of  
sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

# Prayers of Intercession

*These responses may be used*

Lord, in your mercy

**All hear our prayer.**

*(or)*

Lord, hear us.

**All Lord, graciously hear us.**

*And at the end*

Merciful Father,

**All accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

# The Liturgy of the Sacrament

## The Peace

*The president may introduce the Peace with one of the following, or another suitable sentence.*

We are the body of Christ.

In the one Spirit we were all baptized into one body.

Let us then pursue all that makes for peace  
and builds up our common life.

*(or)*

Christ is our peace.

He has reconciled us to God  
in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you

**All and also with you.**

*These words may be added*

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

# Preparation of the Table

## Taking of the Bread and Wine

*A hymn may be sung.*

*The gifts of the people may be gathered and presented.*

Blessed are you, Lord God of all creation:  
through your goodness we have this bread to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.

**All Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness we have this wine to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

**All Blessed be God for ever.**

*(and/or)*

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All All things come from you,  
and of your own do we give you.**

*The service continues with either Prayer B (on the next page) or  
Prayer G (on page 17).*

## Prayer B

The Lord is here.

**All His Spirit is with us.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our  
Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

*Short Proper Preface, when appropriate*

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:

**All** **Christ has died:**  
**Christ is risen:**  
**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole  
world;

rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of [*N and*] all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**All** **Amen.**

*The service continues with the Lord's Prayer on Page 20.*

# Prayer G

The Lord is here.

**All His Spirit is with us.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Blessed are you, Lord God,  
our light and our salvation;  
to you be glory and praise for ever.

From the beginning you have created all things  
and all your works echo the silent music of your praise.  
In the fullness of time you made us in your image,  
the crown of all creation.

You give us breath and speech, that with angels and  
archangels  
and all the powers of heaven  
we may find a voice to sing your praise:

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

How wonderful the work of your hands, O Lord.  
As a mother tenderly gathers her children,  
you embraced a people as your own.  
When they turned away and rebelled  
your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary,  
to be the living bread,  
in whom all our hungers are satisfied.

He offered his life for sinners,  
and with a love stronger than death  
he opened wide his arms on the cross.

On the night before he died,  
he came to supper with his friends  
and, taking bread, he gave you thanks.  
He broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

At the end of supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

**All** **Christ has died:**  
**Christ is risen:**  
**Christ will come again.**

Father, we plead with confidence  
his sacrifice made once for all upon the cross;  
we remember his dying and rising in glory,  
and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you  
these gifts of your creation;  
may they be for us the body and blood of your dear Son.

As we eat and drink these holy things in your presence,  
form us in the likeness of Christ,  
and build us into a living temple to your glory.

[Remember, Lord, your Church in every land.  
Reveal her unity, guard her faith,  
and preserve her in peace ...]

Bring us at the last with [*N and*] all the saints  
to the vision of that eternal splendour  
for which you have created us;  
through Jesus Christ, our Lord,  
by whom, with whom, and in whom,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty, in songs of everlasting  
praise:

**All Blessing and honour and glory and power  
be yours for ever and ever.  
Amen.**

*The service continues with the Lord's Prayer on the next page.*

# The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

**All**

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

(or)

As our Saviour taught us, so we pray

**All** **Our Father in heaven,**  
**hallowed be your name,**  
**your kingdom come,**  
**your will be done,**  
**on earth as in heaven.**  
**Give us today our daily bread.**  
**Forgive us our sins**  
**as we forgive those who sin against us.**  
**Lead us not into temptation**  
**but deliver us from evil.**  
**For the kingdom, the power,**  
**and the glory are yours**  
**now and for ever.**  
**Amen.**

# Breaking of the Bread

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

**All**    **Though we are many, we are one body,  
because we all share in one bread.**

*The Agnus Dei may be used as the bread is broken*

**All**    **Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

*(or)*

**All**    **Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
grant us peace.**

# Giving of Communion

*The president says one of these invitations to communion*

Draw near with faith.

Receive the body of our Lord Jesus Christ  
which he gave for you,  
and his blood which he shed for you.

Eat and drink

in remembrance that he died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

*(or)*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*(or)*

God's holy gifts  
for God's holy people.

**All Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

*or, from Easter Day to Pentecost*

Alleluia. Christ our passover is sacrificed for us.

**All Therefore let us keep the feast. Alleluia.**

*This prayer may be said before the distribution*

**All** **We do not presume**  
**to come to this your table, merciful Lord,**  
**trusting in our own righteousness,**  
**but in your manifold and great mercies.**  
**We are not worthy**  
**so much as to gather up the crumbs under your table.**  
**But you are the same Lord**  
**whose nature is always to have mercy.**  
**Grant us therefore, gracious Lord,**  
**so to eat the flesh of your dear Son Jesus Christ**  
**and to drink his blood,**  
**that our sinful bodies may be made clean by his body**  
**and our souls washed through his most precious**  
**blood,**  
**and that we may evermore dwell in him, and he in us.**  
**Amen.**

*The president and people receive communion.*

*Authorized words of distribution are used and the communicant replies*

**Amen.**

*During the distribution hymns and anthems may be sung.*

# Prayer after Communion

*Silence is kept.*

*The Post Communion or another suitable prayer is said.*

**All**     **Almighty God,**  
**we thank you for feeding us**  
**with the body and blood of your Son Jesus Christ.**  
**Through him we offer you our souls and bodies**  
**to be a living sacrifice.**  
**Send us out**  
**in the power of your Spirit**  
**to live and work**  
**to your praise and glory.**  
**Amen.**

*(or)*

**All**     **Father of all,**  
**we give you thanks and praise,**  
**that when we were still far off**  
**you met us in your Son and brought us home.**  
**Dying and living, he declared your love,**  
**gave us grace, and opened the gate of glory.**  
**May we who share Christ's body live his risen life;**  
**we who drink his cup bring life to others;**  
**we whom the Spirit lights give light to the world.**  
**Keep us firm in the hope you have set before us,**  
**so we and all your children shall be free,**  
**and the whole earth live to praise your name;**  
**through Christ our Lord.**  
**Amen.**

# The Dismissal

*A hymn may be sung.*

*The president may use a seasonal blessing, or another suitable blessing*

*(or)*

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**All Amen.**

*A minister says*

Go in peace to love and serve the Lord.

**All In the name of Christ. Amen.**

*or, from Easter Day to Pentecost*

Go in the peace of Christ. Alleluia, alleluia.

**All Thanks be to God. Alleluia, alleluia.**

*The ministers and people depart.*



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